

# Arrhythmia Predisposition

## Between Rare Disease Paradigms and Common Ion Channel Gene Variants

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Cardiac side effects, such as QT prolongation or occurrence of Torsade de pointes (TdP), from widely used cardiac and non-cardiac drugs are still a major challenge for physicians. Recent advances in knowledge on the physiology of myocardial repolarization have made it clear that alterations of ion channel genes are associated with diverse in vitro effects that may tune normal repolarization to critical edges where ventricular arrhythmia occurs. The extent to which genetic factors (aside from “typical” ion channel gene mutations) are associated with susceptibility to TdP remains to be determined and is addressed in this review. Future research must: 1) identify all relevant genes for repolarization; 2) determine the extent to which the variability of the QT interval and of the response to action potential prolongation is genetically controlled; 3) investigate the role of functionally relevant single nucleotide polymorphisms/haplotype constellations to the contribution to repolarization; and 4) integrate identified genetic factors with other known factors for TdP risk, according to their relative importance, in a network algorithm for arrhythmogenesis. Gaining an understanding of the current genetic and genomic data of patients with drug-induced arrhythmia are the first steps to overcoming the hurdles associated with unexpected cardiac side effects of a variety of drugs. (J Am Coll Cardiol 2006;48:67–78) © 2006 by the American College of Cardiology Foundation

Phenotypic variation in arrhythmia development is well known from families with inherited, arrhythmogenic disorders and also from patients with polygenic disorders, e.g. myocardial infarction, for which not every patient develops ventricular fibrillation during acute ischemia. Multiple factors, such as age, gender, and environmental conditions, play an important role in the modulation of the phenotype. The extent of genetically controlled variation is not clear to date, but it is of potential interest. Knowledge of contributing factors may be generally useful for addressing arrhythmia susceptibility independently of its cause and may become a (laboratory) tool for risk stratification. Recently, common protein variants in cardiac ion channels have been identified that may have a potential impact on arrhythmia susceptibility and pharmacogenetic strategies for arrhythmia circumvention and therapy. It is currently being investigated whether these gene variants help to explain the individual differences in arrhythmia development. The characterization of single gene disorders, which is still incomplete, has provided important insights into the molecular pathogenesis of cardiac arrhythmias. Emerging data on genotype/phenotype relations already exists and led to clinically

relevant recommendations for gene-specific management of patients. Early genotyping now enables the identification of patients at high cardiac risk in a familial setting. In this review, the impact of common ion channel gene variants on acquired arrhythmogenic conditions is reviewed.

### INHERITED ARRHYTHMOGENIC DISORDERS AND ION CHANNEL GENES

“Primary electrical heart disease” refers to a group of rare, often familial, cardiac arrhythmias, in the absence of structural heart abnormalities. These disorders are mostly, but not exclusively (1–3), associated with mutations in cardiac ion channel genes. The long-QT syndrome (LQTS), short-QT syndrome (SQTS), Brugada syndrome (BrS), and catecholaminergic polymorphic ventricular tachycardia (CPVT) belong to this group. Together they account for 5% to 10% of sudden cardiac death (SCD) victims, and even more among the young (4–8). The population frequency of each arrhythmogenic disorder in the general population is not exactly known, but it is about 1 in 5,000 people for LQTS (9) and less for BrS (10–14). No information currently exists for CPVT and SQTS, but these disorders may have a significant contribution to idiopathic ventricular fibrillation (15,16). Recently, the term “electrical heart disease” came under discussion, as patients of these disorders were found to exhibit structural heart abnormalities (17–21,22). In the past, case reports already indicated, before the era of genetic testing, that structural changes may occur (23–27). Because not all SCD victims show structural abnormalities postmortem (e.g., sudden infant death syndrome cases), it may be true that some structural abnormal-

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#### Abbreviations and Acronyms

|      |   |   |
|------|---|---|
| BrS  | = | Brugada syndrome                                      |
| CPVT | = | catecholaminergic polymorphic ventricular tachycardia |
| HERG | = | human ether-a-go-go gene                              |
| I    | = | ionic current   |
| LQTS | = | long-QT syndrome                                      |
| SCD  | = | sudden cardiac death                                  |
| SNP  | = | single nucleotide polymorphism                        |
| SQTS | = | short-QT syndrome                                     |
| TdP  | = | Torsade de pointes                                    |
| VT   | = | ventricular tachycardia                               |

ities may occur as a consequence of aging (28). Therefore, these disorders are also classified as having “no apparent heart disease” (29) or as “ion channel cardiomyopathies” (30); exact nomenclatures will be addressed in future investigations.

Important insights into the pathogenesis of cardiac arrhythmias have been achieved from the molecular characterization of monogenic inherited arrhythmia syndromes (Table 1). The ion channel basis of congenital LQTS was discovered over 10 years ago by disease-causing mutations in the *KCNH2* gene (*HERG*) and *SCN5A* (Nav1.5), which are the genes encoding the cardiac delayed rectifier  $I_{Kr}$  potassium and  $I_{Na}$  sodium currents, respectively. Congenital LQTS is characterized by prolonged ventricular repolarization on the surface electrocardiogram (ECG) (i.e., QT prolongation) and ventricular tachyarrhythmias. Syncope and sudden death in LQTS patients may result from a distinctive polymorphic ventricular tachycardia (VT) called “Torsade de pointes” (TdP). Later, further heterogeneity of LQTS was shown by detecting mutations in the delayed rectifier  $I_{Ks}$  potassium channel gene *KCNQ1* (31,32) and the 2 genes for the small beta subunits *KCNE1* and *KCNE2* (33–37). Detailed reviews can be found elsewhere (38,39). A list of the more than 300 published LQTS mutations, which are more or less “private” (family-specific), and identified gene polymorphisms can be obtained on several web sites. In addition to these subforms, 3 related disorders with an extracardiac phenotype due to pleiotropic gene effects are known (Jervell and Lange-Nielsen syndrome, Andersen-Tawill syndrome, and Timothy syndrome) (32,36,40,41).

An unexpected phenotype complexity has been noted that gives patterns of “polygenic” (multifactorial) disease to inherited arrhythmia syndromes. This may be a result of multiple interactions of a gene mutation with individual or environmental factors or with modifier genes or gene variants. This interplay is thought to alter the expressivity of a specific phenotype from mild to pronounced even in carriers of the same mutation. As an example, cardiac sodium channelopathies (families with *SCN5A* mutations) show a broad, complex genotype-phenotype variety in the same family (i.e., members with an identical mutation), which leads to overlap syndromes or distinct clinical entities

(42–45). Such studies highlight the hazards of predicting phenotype on the basis of gene mutations alone. Current efforts in risk stratification of these arrhythmia disorders (46–50) are on the way, but genetic and pathophysiological heterogeneity often make a clear correlation with clinical outcome difficult and less linear than anticipated.

## ACQUIRED VENTRICULAR ARRHYTHMIAS AND IONIC CURRENTS

Acquired monomorphic and polymorphic VTs are more frequent and typically occur in the context of structural heart disease. Among all the possible factors, various triggers may determine arrhythmia susceptibility, but the role of genetic factors is probably small when there is no evidence for a monogenic cardiac disorder. Population-based studies still demonstrated an increased risk of SCD among patients with a parental history of cardiac arrest (8), but the genetic basis is not yet clear. Very recently, a quantitative influence on the myocellular repolarization due to (yet unidentified) genetic variation at several chromosomal loci has been described (51,52). Moreover, other risk factors (e.g., structural and electrical remodeling during acute ischemia, altered hemodynamic loads, or changes in neurohormonal signaling) are recognized key features that alter ion channel gene expression. Down-regulation of major repolarizing potassium currents,  $I_{to}$ ,  $I_{Kr}$ ,  $I_{Ks}$ , and  $I_{K1}$ , has been described in several models of heart failure and resembles a condition of “acquired QT prolongation.” Cellular abnormalities through disturbances in the electrical cell-cell coupling and a local reduction of conduction velocity facilitate re-entrant ventricular arrhythmias. These cellular abnormalities can be found in the structurally diseased heart.

Drug-induced LQTS is another serious but reversible form of an acquired repolarization disturbance. The diagnosis depends upon demonstrating a significant prolongation of the QT interval during drug exposure and an exclusion of other causes of ventricular arrhythmia (e.g., serum potassium <2.5 mmol/l, acute coronary ischemia, structural heart disease). The QT interval prolongation extends to excessive values (more than +60 ms); it appears with T-wave lability/alternans and changes in T-wave morphology (negative or notched/biphasic), prominent (T)U waves, or marked increase in QT interval dispersion. This serious, adverse reaction to drug exposure is often accompanied by TdP and has led to several post-marketing withdrawals of drugs (e.g., terodiline in 1991, terfenadine in 1998, or levomethadyl recently). The incidence of drug-induced TdP is estimated to be at least 10 per million per year in Sweden (46). It is estimated that only a small fraction of these cases were recognized and reported. Other estimates based on prescription data suggest that exposure of 1% of the population to a torsadogenic drug doubles the risk ratio for SCD and would account for about 10 deaths per million per year (53).

**Table 1.** Cardiac Ion Channel Disorders

| Gene Symbols | Chromosomal Locus | Protein   | Physiological Function   | Inherited Disorder, Mode of Inheritance   |
|--------------|-------------------|---|--|---|
| KCNQ1        | 11p15.5           | Potassium channel gene, $\alpha$ -subunit (K <sub>v</sub> LQT1)                     | Myocellular repolarization (I <sub>Ks</sub> current)   | LQT1 (autosomal dominant or recessive $\pm$ inner ear deafness, sporadic, acquired)<br>SQT2 (sporadic)<br>AFib (autosomal dominant)<br>SIDS (sporadic)  |
| KCNH2 (HERG) | 7q35-q36          | Potassium channel gene, $\alpha$ -subunit   | Myocellular repolarization (I <sub>Kr</sub> current)   | LQT2 (autosomal dominant or recessive, sporadic, acquired)<br>SQT1 (autosomal dominant, +AFib)<br>BrS2 (sporadic)   |
| SCN5A        | 3p24-p21          | Sodium channel gene, $\alpha$ -subunit (hH1)  | Myocellular depolarization (I <sub>Na</sub> current)   | LQT3 (autosomal dominant or recessive, sporadic, acquired)<br><br>BrS1 (autosomal dominant)<br>(P)CCD (autosomal dominant)<br>AVB (sporadic)<br>AStST (autosomal dominant)<br>SIDS (sporadic) |
| KCNE1        | 21q22             | Potassium channel gene, $\beta$ -subunit (minK)                                     | Myocellular repolarization (I <sub>Ks</sub> current)   | LQT5 (autosomal dominant or recessive $\pm$ inner ear deafness)   |
| KCNE2        | 21q22             | Potassium channel gene, $\beta$ -subunit (MirP)                                     | Myocellular repolarization (I <sub>Kr</sub> current)   | LQT6 (autosomal dominant or sporadic)   |
| KCNJ2        | 17q23             | Potassium channel gene  | Maintenance of resting potential, terminal repolarization (I <sub>Kir</sub> current)   | LQT7 (autosomal dominant or sporadic)   |
| CACNA1c      | 12p13.3           | Calcium channel gene  | Myocellular depolarization (I <sub>L</sub> , Ca <sup>++</sup> current)   | LQT8 (autosomal dominant or sporadic)   |
| AnkB         | 4q25-q27          | Anchoring protein linking integral membrane proteins to spectrin-actin cytoskeleton | Disruption or cellular organization; reduced protein levels of NCX, Na/K-ATPase, and InsP <sub>3</sub> R; altered Ca <sup>2+</sup> signaling | LQT4 (autosomal dominant, +AFib)  |
| RyR2         | 1q42.1-q43        | Cardiac ryanodine receptor  | Ca <sup>2+</sup> release channel of endoplasmic reticulum (electromechanical coupling)   | CPVT (autosomal dominant, sporadic)<br>IVF (sporadic)   |
| CASQ2        | 1p13-p11          | Calsequestrin   | Ca <sup>2+</sup> storage protein of endoplasmic reticulum (electromechanical coupling)   | CPVT (autosomal recessive)  |
| HCN4         | 15q24-q25         | Cation channel gene   | Spontaneous diastolic depolarization (I <sub>f</sub> current)  | SBr (sporadic, familial)  |

AFib = atrial fibrillation; AStSt = atrial standstill; AVB = atrioventricular block; BrS = Brugada syndrome; CPVT = catecholaminergic polymorphic ventricular tachycardia; InsP<sub>3</sub>R = inositol-1,4,5-phosphate-receptor; IVF = idiopathic ventricular fibrillation; LQTS = long-QT syndrome; (P)CCD = (progressive) cardiac conduction disease; SBr = sinus bradycardia; SIDS = sudden infant death syndrome; SQTs = short-QT syndrome.

Pathophysiologically, the hallmark mechanism of drug-induced LQTS is the blockade of the I<sub>Kr</sub> channels (54–56), which are encoded by human ether-a-go-go gene (*HERG*), the LQT2/SQT1 gene (57,58). This affinity is due to 2 important structural characteristics: first, a larger inner cavity of I<sub>Kr</sub> channels than that of any other voltage-gated K<sup>+</sup> channel, and second, a transmembranous (so-called S6–) domain that has 2 aromatic residues at the cytosolic site to bind larger, aromatic drugs. Some exceptions of

non-I<sub>Kr</sub> blocking drugs (e.g., arsenic trioxide or indapamide) with observed TdP exist. An I<sub>Kr</sub> blockade prolongs the myocardial action potential, preferentially in the mid-layer cells and Purkinje fibers rather than in other tissue layers, because the former have lower I<sub>Ks</sub> and higher I<sub>Na</sub> and thus result experimentally in an increase of QT dispersion (59,60). The I<sub>Kr</sub> blocking drugs usually demonstrate a reverse frequency-dependent effect. The degree of prolongation in action potential duration is more prominent

**Table 2.** Types and Sequence Location of DNA Variation (70)

| Polymorphism Type                     | Sequence Location               | Predicted Protein and Potential Functional Effects   | Occurrence in Genome | Potential Disease Impact       |
|---------------------------------------|---------------------------------|--|----------------------|--------------------------------|
| Nonsense                              | Coding                          | Prematurely truncated, most likely loss of protein function  | Very low             | High                           |
| Missense, non-synonymous              | Coding, non-conserved           | Altered amino acid chain, mostly similar protein properties  | Low                  | Low (to high)                  |
| Missense, non-synonymous              | Coding, conserved               | Altered amino acid chain, mostly different protein properties  | Low                  | Medium to high                 |
| Rearrangements (insertion/deletion)   | Coding                          | Altered amino acid chain, mostly different protein properties  | Low                  | High                           |
| Sense, synonymous                     | Coding                          | Unchanged amino acid chain, rarely an effect on exon splicing  | Medium               | Low (to medium)                |
| Promoter and regulatory sequences     | Non-coding, promoter/UTR        | Unchanged amino acid chain, but may affect gene expression   | Low to medium        | Low to high, depending on site |
| Intronic nucleotide exchange (<40 bp) | Non-coding, splice/lariat sites | Altered amino acid chain, failed recognition of exonic structure                                       | Low                  | Low to high, depending on site |
| Intronic nucleotide exchange (>40 bp) | Non-coding, between introns     | Unchanged amino acid chain, rarely abnormal splicing or mRNA instability, site for gene rearrangements | Medium               | Very low                       |
| Intergenic nucleotide exchange        | Non-coding, between genes       | Unchanged amino acid chain, may effect gene expression, site for gross rearrangements                  | High                 | Very low                       |

bp = base pairs; UTR = untranslated region (5' or 3' region of a gene).

during a low heart rate, when the QT interval is longer. Moreover, concentration-dependent effects on the prolongation of the QTc interval are known for many drugs, with the exception of quinidine. Important co-factors for TdP development during drug I<sub>Kr</sub> blockade are hypokalemia, hypomagnesemia, hypertrophy, and heart failure, all of which prolong the baseline action potential duration by reducing major repolarizing potassium currents. Gender is also another important modulating factor, for women have longer QT intervals and a greater propensity for drug-induced TdP (61–66), due to differences in the densities of I<sub>Kr</sub> and I<sub>K1</sub> currents but not of I<sub>Ks</sub> and I<sub>to</sub>. In contrast, men with BrS were reported to have a much more prominent I<sub>to</sub> in the right ventricle (67).

## COMMON ION CHANNEL GENE VARIANTS

The “rare disease paradigm” refers to the common hypothesis that genetic mutations for Mendelian disorders are rare in the general population and that these disorders have a low incidence because genetic mutations for Mendelian disorders are rare in the general population. Systematic sequencing of genes for rare arrhythmogenic disorders has shown to harbor a significant portion of “natural variance” (polymorphic sites, single nucleotide polymorphisms [SNPs]), which are assumed to alter the protein structure (non-synonymous changes). The idea that this “common genetic variance” may determine common phenotypes has expanded to more common arrhythmias. Research groups are currently trying to correlate SNP in ion channel genes with polygenic arrhythmogenic disorders (e.g., atrial fibrillation). All types of polymorphic sites were found in ion channel genes. They differ from their location within the genomic sequence (coding vs. non-coding areas), from the type of nucleotide

exchange and the consequence for the amino acid sequence, and from the frequency (relative occurrence) in the human genome (Table 2). Polymorphisms with the potentially highest phenotypic disease impact are rare within the genome. For genetic association studies, more frequent polymorphisms (e.g., missense/non-synonymous or sense/synonymous) are used and require large case and control populations, because of the low phenotypic impact. Proposed guidelines have been developed that should facilitate the quality of association studies (68,69), including strategies to ascertain *heritability and exact phenotyping of a trait*, to perform *population stratification of cases and controls* (ethnicity, age, and gender distribution), to select *physiologically and genetically meaningful markers*, to address the *probability of association*, and to *replicate* initial results in independent studies. To date, only a few of the several thousand published association studies strictly meet criteria to ascertain a (“true”) genetic association. For arrhythmogenic disorders, the majority of data are still unreplicated by independent investigators or studies. The potential of applying new approaches, such as the evaluation of genomic information or serial proteomic expression, is still difficult to achieve in practice. Differences in study outcome may be related to population stratification, study design, still inappropriate marker selection, and lack of statistical power (70). Discovery of meaningful SNP markers (e.g., indicating an elevated risk of SCD) is still far from being established.

The idea that common ion channel sequence variance may also contribute to a common arrhythmia and SCD susceptibility was driven by the identification of non-synonymous protein alterations and in vitro characterization showing subtle alterations differing from the wild-type (70–96). The details of ion channel gene SNPs are dis-



cussed in detail elsewhere (70). Results of ion channel alterations may be non-comparable or contradictory, because in-vitro experiments may not be standardized between different laboratories (73).

Ethnicity-specific and population-specific frequencies of the SNP allele in ion channel genes must be taken into account when performing association studies (71,72,75,78,79,87,91,94,97–99). Researchers recently attempted to link the SNPs of cardiac ion channel genes with the QT interval length in a Caucasian population (51). Using a 2-step design (initial screen with many SNPs and a medium-size population, successive screen with a few SNPs with suggestive linkage in a confirmatory sample), the SNPs of 4 LQT genes (*KCNQ1*, *KCNH2*, *KCNE1*, and *KCNE2*) were investigated. A multivariate linear regression model (including heart rate, gender, and age as covariates) for QT interval calculation was developed (so-called QTc-RAS). The SNPs in the *KCNH2* (LQT2) and *KCNQ1* (LQT1) genes showed the strongest change on QTc-RAS (from +2.1 ms to –2.5 ms) when tested alone. When combining SNPs, quantitative additive effects were noted (e.g., for the *KCNH2*-K897T SNP (rs1805123). Previously, some (77,100), but not all, studies (87,95,101) suggested an effect on the QTc interval duration. Although these results at first suggest that myocardial repolarization is heritable as a quantitative phenotypic trait, they, in fact, already show the potential problems of association studies addressing the role of certain SNPs on a quantitative trait.

## GENETIC ASPECTS OF DRUG-INDUCED QT PROLONGATION AND ECG PARAMETERS

Several studies have linked a prolonged, heart-rate adjusted, QT interval to an increased risk of cardiac death in patients with diseases other than LQTS and even in healthy individuals as well (102–106). The available studies on this are not consistent with each other (107,108). The occurrence of acquired LQTS and TdP is often not predictable in individual patients. Acquired forms share clinical features with the congenital variant of LQTS, and variants in genes for congenital LQTS have also been found in acquired LQTS (Table 3). Certainly, cardiac repolarization is modified by many genetic and non-genetic factors, and thus arrhythmia risk is polygenic, due to the combined influence of several components. Sotalol testing (2 mg/kg body weight intravenously) was able to unmask abnormal repolarization in patients with diagnosed acquired LQTS. After infusion, QTc increased moderately in controls (from  $422 \pm 17$  ms to  $450 \pm 22$  ms) but significantly in acquired LQTS subjects (from  $434 \pm 20$  ms to  $541 \pm 37$  ms) (109). Along these lines, 56% to 71% of patients who suffer from TdP were reported to have prolonged baseline QT intervals (110) and QT dispersion, compared with controls (e.g., when exposed to dofetilide or almokalant) (111). In the relatives of patients with acquired LQTS, intravenous quinidine significantly prolonged transmural dispersion of repolarization

( $T_{\text{peak}}-T_{\text{end}}$  interval), compared with the relatives of control subjects. Thus, it may indicate a heritable, but subtle, component in repolarization capacity (112). Whether these relatives are at risk for TdP development is not yet known. It is though known from congenital LQTS that the clinical profile of a subject is not useful for determining the clinical severity of other affected family members (113).

It is reasonable to assume that genetic factors modulate susceptibility for TdP development and that ECG parameters have features of a quantitative genetic trait. It has though been found that only 10% to 15% of patients with drug-induced LQTS carry variants in the coding regions of the known LQTS genes (86,95,114) that cover disease mutations in 70% to 80% of the congenital forms. This may still indicate an incompleteness of knowledge about the genes or genomic constellations that predispose a person to adverse drug reactions. A differentiation has been proposed between *indirect*, *direct*, and *compound* genetic effects, depending on their interaction with  $I_{K_r}$ -blocking drugs (115). Indirect effects of gene variants impair  $I_{K_r}$  channel function at baseline but do not increase drug sensitivity, whereas compound effects refer to alterations of both. *Direct* effects of LQTS variants are perhaps the most insidious variants, as they only increase sensitivity to drug blockade but cause no detectable or significant in vivo or in vitro phenotype before drug administration. In principle, the development of an abnormal QT prolongation and an increase of the torsadogenic potential may occur in a previously asymptomatic patient with congenital LQTS, in which the diagnosis was not yet known or known without precise knowledge of the drug's action-potential-prolonging properties. The list of drugs that prolong the QT interval and/or that were associated with TdP is increasingly long. A more complex situation may occur when an LQTS gene mutation causes only subtle or no repolarization changes. Currently, reports are available for genotype-phenotype data on the non-penetrance of LQTS gene mutations. They suggest a significant amount of incomplete penetrance (so-called silent mutation carriers with a normal QTc interval), ranging from 10% (LQT3) through 19% (LQT2) up to 36% (LQT1) (46).

Despite that the majority of drugs associated with QT prolongation bind particularly to  $I_{K_r}$  (*HERG*) channels, mutations in other than *HERG* have been described in patients with drug-induced LQTS (114,116–118). This was also reported for other proarrhythmic conditions such as hypokalemia (119). Instead, mutations of LQTS genes for these patients have also been found in  $I_{Na}$  or  $I_{K_s}$  channel genes (Table 3). These findings support the concept of the “repolarization reserve” (120), which refers to a variety of factors that concordantly and critically impair repolarization capacity toward the threshold for development of torsades. At least 2 or more (repolarization-disturbing) hits are involved (“multi-hit” hypothesis) (e.g., an LQTS gene mutation affecting repolarization [substrate] and drug-mediated  $I_{K_r}$  inhibition [enhancer/modifier]). Often, a par-

**Table 3.** Ion Channel Gene Variants Identified in Patients With Drug-Induced QT Prolongation or TdP Occurrence

| Gene  | Current         | Amino Acid Alteration | Drug/Setting                       | Functional Assay   | Minor Allele                                     | Reference     |
|-------|-----------------|-----------------------|------------------------------------|--|--|---------------|
| KCNE2 | I <sub>Kr</sub> | T8E                   | TMX/SMX; quinidine; amiodarone     | E8-MiRP1 weakly reduced I <sub>Kr</sub> current peak density; (CHO cells); SMX and TMX had almost no effect on wild-type channels, but SMX was reported to inhibit more than 50% of A8-MiRP1 at -40 mV; mutant channels were 4× more sensitive to SMX than wild-type   | 1.6%   | (34,86,89)    |
|       | I <sub>Kr</sub> | Q9E                   | Clarithromycin, low K <sup>+</sup> |  | Rare in Caucasians, but not in African Americans | (34,71)       |
|       | I <sub>Kr</sub> | M54T                  | Procainamide                       | T54-MiRP1 significantly reduced I <sub>Kr</sub> current peak density (CHO cells); no influence on drug-related channel inhibition was seen   | Rare   | (89)          |
|       | I <sub>Kr</sub> | M57T                  | Oxatomide                          | T57-MiRP1 significantly reduced I <sub>Kr</sub> current peak density (CHO cells); no influence on drug-related channel inhibition was seen   | Rare   | (89)          |
|       | I <sub>Kr</sub> | A116V                 | Quinidine                          | V116-MiRP1 significantly reduced I <sub>Kr</sub> current peak density (CHO cells); no influence on drug-related channel inhibition was seen  | Rare   | (89)          |
| KCNH2 | I <sub>Kr</sub> | M124T                 | Probucol                           | Co-expression of wild-type HERG and T124-HERG resulted in markedly smaller amplitudes of I <sub>Kr</sub> (xenopus oocytes); probucol decreased the amplitude of the HERG tail current, decelerated the rate of channel activation, accelerated the rate of channel deactivation, and shifted the reversal potential to a more positive value | Rare   | (137)         |
|       | I <sub>Kr</sub> | R328C                 | Not reported                       |  | Rare   | (138)         |
|       | I <sub>Kr</sub> | P347S                 | Cisapride/clarithromycin           |  | Rare   | (86,139)      |
|       | I <sub>Kr</sub> | R486H                 | Quinidine                          |  | Rare*  | (114)         |
|       | I <sub>Kr</sub> | A561P                 | Clobutinol                         | P561-HERG led to an intracellular trafficking defect; when co-expressed with wild-type HERG, voltage-dependence was shifted toward more negative potentials (3-3.5 mV); clobutinol further blocked heteromeric channels  | Rare*  | (140)         |
|       | I <sub>Kr</sub> | R784W                 | Amiodarone                         | W784-HERG mediated a reduced I <sub>Kr</sub> current (by -75%) and a positive shift of voltage dependence of activation  | Rare   | (141)<br>(95) |
| KCNQ1 | I <sub>Ks</sub> | R243H                 | Halofantrine; hydroquinine         |  | Rare*†   | (114)         |
|       | I <sub>Ks</sub> | Y315C                 | Cisapride                          | In-vitro expression of mutant KvLQT1 protein showed a severe loss of current with a dominant negative effect on the WT-KvLQT1 channel  | Rare*  | (116)         |
|       | I <sub>Ks</sub> | R555C                 | Terfenadine                        |  | Rare   | (117,142)     |
|       | I <sub>Ks</sub> | R583C                 | Dofetilide                         | C583C-KvLQT1 mediated I <sub>Ks</sub> was reduced by ~50% compared with wild-type, and the voltage dependence of activation was shifted positively by 19.6 mV (CHO cells)  | Rare   | (95)          |

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**Table 3.** Continued

| Gene  | Current         | Amino Acid Alteration | Drug/Setting | Functional Assay   | Minor Allele  | Reference      |
|-------|-----------------|-----------------------|--------------|--|---|----------------|
| SCN5A | I <sub>Na</sub> | G615E                 | Quinidine    | E615-SCN5A indistinguishable from wild-type mediated I <sub>Na</sub> currents (tsa-201 cells)  | Rare  | (95)           |
|       | I <sub>Na</sub> | L618F                 | Quinidine    | E615-SCN5A indistinguishable from wild-type mediated I <sub>Na</sub> currents (tsa-201 cells)  | Rare  | (95)           |
|       | I <sub>Na</sub> | S1103Y                | Amiodarone   | Y1103-SCN5A mediated an increased I <sub>Na</sub> channel activation (HEK 293)   | 7%–10% (African Americans or West Africans/Caribbeans only) | (95)           |
|       | I <sub>Na</sub> | F1250L                | Sotalol      | E615-SCN5A indistinguishable from wild-type mediated I <sub>Na</sub> currents (tsa-201 cells)  | Rare  | (95)           |
|       | I <sub>Na</sub> | P1825L                | Cisapride    | The C-terminal mutant P1825-SCN5A mediated I <sub>Na</sub> current with slow decay and prominent TTX-insensitive, non-inactivating component (gain-of-function), a reduced peak density (loss of function), shifted voltage dependence of activation (more positive potentials) and of inactivation (more negative potentials) (tsA-201 cells); P1825-SCN5A channels showed impairment of intracellular trafficking (CHO cells) and failed to generate QT prolongation; exposure with cisapride rescued cell surface expression of P1825-SCN5A and exaggerating the LQT3 phenotype |   | (118)<br>(143) |

\*Heterozygous mutation carriers may have a normal QT interval; for SCNSA, amino acid residues are numerated according to positions on the long splice variant; †Reported from recessive forms of LQTS.

CHO = Chinese hamster ovarian; HERG = human ether-a-go-go gene; LQTS = long-QT syndrome; SMX = sulfamethoxazole; TdP = Torsade de pointes; TMX = trimethoprim; TTX = tetrodotoxin.

ticular (gene-specific) co-factor (stressor/trigger) can be identified that finally leads to the occurrence of TdP (121). Other co-factors associated with a higher incidence of TdP are hypokalemia, a slower heart rate (e.g., recent conversion from atrial fibrillation), pre-existing cardiac disease (hypertrophy, myocardial infarction), and female gender or baseline QTc intervals above 460 ms. Genetic susceptibility to drug-induced LQTS has also been addressed for drug-metabolizing genes, notably *CYP2D6* and *CYP3A4*, as the degree of QTc prolongation usually correlates with the drug's serum level (exception: quinidine) and its metabolism. Thus, physicians need to be aware of some pharmacodynamic and pharmacokinetic interactions to understand the occurrence of potentially high concentrations. Genotyping of *CYP2D6* is currently available to individualize the dosage of metabolized drugs (122), and this is important, because of poor drug metabolism in 5% to 10% of Caucasians and African Americans. For *CYP3A4*, allelic variants are not consistently associated with drug metabolizing activity, and, therefore, genotyping has become less relevant. In addition to inborn genetic variation, both cytochromes may exhibit altered gene expression and activity in the context of other conditions (e.g., in the elderly,

with common food or co-administered drugs [e.g., erythromycin and other macrolide antibiotics, ketoconazole and other azole antifungals, and mibefradil]) (123). Thus, pharmacodynamic interactions (e.g., several QT prolonging drugs) and pharmacokinetic interaction (e.g., with drug clearance of a QT prolonging drug) should be carefully considered.

In acquired LQTS syndrome, efforts were focused on the frequency of LQTS polymorphisms, because mutations are not predominant. Yang et al. (95) screened the coding regions of the 3 major LQT genes (LQT1-3) in 92 patients with drug-induced LQTS and additional controls. The allele frequencies of 3 common, non-synonymous polymorphisms (*SCN5A*-H558R, *SCN5A*-R34C, *HERG*-K897T) did not significantly differ between the 2 groups. Similar findings were reported by Paulussen et al. (86) and indicate no particular concomitant effect of the presence of an LQTS gene polymorphism and the occurrence of TdP. The role of KCNE2 (I<sub>Kr</sub> beta subunit) variants in congenital and drug-induced LQTS (34,89,95) is still under discussion, as LQT6 (KCNE2) mutations are rare in congenital LQTS (35,124,125) and may exhibit only subtle or no in vitro effects on I<sub>Kr</sub> currents (35,126). *SCN5A*-S1103Y (also

*SCN5A*-S1102Y, referring to the shorter splice form of *SCN5A*) is another frequent LQT gene polymorphism that is possibly related to drug-induced LQTS. It has been identified primarily in West Africans and Caribbeans (around 19%) and in African Americans (around 13%) (91). In contrast, it was not found in a sample of 511 Caucasians and 578 Asians, and it was rare in Hispanics (1 in 123) (91). *SCN5A*-Y1103 SNP was first identified in a 36-year-old female African American with idiopathic dilated cardiomyopathy, hypokalemia, and abnormal QT prolongation and TdP during amiodarone treatment. In the subject's family, the *SCN5A*-Y1103 allele was associated with a longer QT interval (YY carriers: QTc  $464 \pm 22$  ms,  $n = 7$ ; SY carriers: QTc  $458 \pm 22$  ms,  $n = 10$ ; SS carriers:  $415 \pm 24$  ms,  $n = 10$ ;  $p = 0.0014$ , analysis of variance [ANOVA]), although most of the YY or SY carriers were asymptomatic and had a normal repolarization. The presence of another LQTS gene mutation was not excluded. When 23 unrelated "arrhythmia cases" were investigated, a quantitative effect of the Y1103 allele on the QTc interval was not seen (QTc: in YY carriers  $495 \pm 35$  ms,  $n = 2$ ); in SY carriers  $460 \pm 29$  ms,  $n = 11$ ; in SS carriers  $453 \pm 44$  ms ( $n = 9 + 1$ );  $p = 0.3570$ ; ANOVA. Despite the fact that Y1103 allele carriers (YY or SY) had a higher relative risk for ventricular arrhythmia occurrence (91), this observation was obviously unlinked to baseline repolarization parameters. In-vitro studies demonstrated only subtle changes in  $I_{Na}$  channel activation (increased activation, greater peak amplitude, and larger sustained current) without a discernible effect on simulated action potentials until an (drug-induced)  $I_{Kr}$  block was present (91).

Is the degree of heritability known for ECG parameters? Very little data exist on this. Twin studies have been used to examine the effect of genetic variance on ECG parameters (129). PR interval, QRS duration, QRS axis, QTc, and ventricular rate were significantly determined by genetic effects, ranging from 30% to 60%. In another twin study, Busjahn et al. (127) showed in 100 healthy monozygotic and 66 healthy dizygotic twins that a significant portion (52%) of the variation of the QT interval was attributable to genetic factors. Heritability was also found for the duration of the P wave (46%) and for the QRS width (40%). Using microsatellite markers, QTc duration was quantitatively determined by the LQT1 and LQT4 loci, whereas QRS and T-wave axis appeared to be influenced by the LQT2 locus (127). In addition, population-based studies such as the National Heart, Lung, and Blood Institute Family Heart Study estimated the heritability of the QT interval duration. Here, Hong et al. (128) found evidence of a major genetic effect accounting for 11% of the variation in QT interval duration and multiple other effects accounting for another 34%. Similarly, Newton-Cheh et al. (52) found 35% heritability of QT interval duration. A genome-wide linkage analysis reported suggestive evidence for linkage of the QT interval to chromosome 3p (maximum multipoint LOD score of 2.84 at 24.4 cM). No linkages were found to

known ion channel genes, including *SCN5A* (LQT3) on chromosome 3p, so the causal gene remains to be determined. All together there is broad evidence that QT interval duration is a heritable trait in a complex genetic setting.

## CONCLUSIONS AND FUTURE DIRECTIONS

Recent advances in knowledge of the physiology of myocardial repolarization have made it clear that genetic alterations of key molecular components, such as ion channels, are associated with opposite in vitro effects of ionic current regulation, which may tune normal repolarization to critical edges where ventricular arrhythmia may occur (129). The extent to which genetic factors, aside from repolarization "typical" ion channel gene mutations, are associated with susceptibility to TdP remains to be determined. It also remains to be determined whether these are specific to particular classes of drugs with a proarrhythmic propensity. Following the concept of "repolarization reserve" (120), it is likely that TdP occurrence, upon an individual background of a genetic predisposition, would be independent of specific drugs and more linked to a drug's propensity to alter myocardial repolarization. As shown in Table 3, not only  $I_{Kr}$  channel gene mutations but also  $I_{Na}$  or  $I_{Ks}$  can be identified in patients with drug-induced TdP and  $I_{Kr}$  channel block. Animal models with chronic complete atrioventricular block and in-vitro studies have reported a high incidence of TdP as a result of a significant down-regulation of both  $I_{Ks}$  and  $I_{Kr}$  channels (130,131). Aiba et al. (132) showed that, in addition to drug-induced  $I_{Kr}$  channel block, subclinical  $I_{Ks}$  dysfunction, mimicking *KCNQ1* (LQT1) defects, could be a risk for drug-induced TdP, when other repolarizing currents such as  $I_{Kr}$  cannot maintain normal repolarization capacity. Vice versa,  $I_{Ks}$  may function as a repolarization reserve when the rapidly delayed rectifier  $I_{Kr}$  is reduced by disease or drug. Thus,  $I_{Ks}$  can prevent excessive action potential prolongation and development of early after-depolarizations, which are precursors of TdP (133,134). Moreover, direct physical interactions between  $I_{Kr}$  and  $I_{Ks}$  channel subunits have been proposed (135,136); this would make considerations on the functional effects of LQT gene mutations or gene variants more complex than previously anticipated.

For the comprehensive assessment of genetic factors in drug-induced TdP, future research must:

- Identify all relevant genes for repolarization, as the portion of causative genes (e.g., for congenital LQTS), is still incomplete;
- Determine the extent to which the variability of the QT interval and of the response to action potential prolongation is genetically controlled;
- Investigate the role of functionally relevant SNPs and haplotype constellations in LQTS and other gene loci for their quantitative contribution to repolarization; and



- Integrate identified genetic factors with other known factors for TdP risk, according to their relative importance, in a network algorithm for arrhythmogenesis.

The genetic and genomic understanding of drug-induced arrhythmia is still in its infancy. For the majority of LQTS SNPs, valid, confirmatory data from independent genetic association studies are still lacking, and for some SNPs, conflicting genetic and in vitro data have been reported. There are still major hurdles to overcome (e.g., large, powerful studies need to be performed [in various ethnic groups]). Standardization of in vitro functional assessment of non-synonymous SNPs is needed to compare lab-specific results. These data should be available within the next few years and advances, along with additional technological improvements, will enable researchers to lower the costs of complex genotyping. A major effort will be required from scientists, physicians, and industry to overcome these hurdles and to realize the concept of “the right drug for the right patient.”

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